



BARBARA DECLERQUE PADI SILVER COURSE DIRECTOR

EMERGENCY FIRST RESPONSE

PROVIDER AND INSTRUCTOR COURSE DESCRIPTIONS

Emergency First Response is the fastest-growing international CPR, AED and first aid training organization. With more than 31,000 instructors worldwide, Emergency First Response is backed by 36 years of experience in the development and delivery of instructional courses, training materials and educational curricula. Emergency First Response courses have gained widespread international acceptance.

Emergency First Response's course curricula are based on patient care standards as published in the American Heart Association Guidelines 2005 Standards for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care, and the consensus view of the Basic Life Support (BLS) Working Group of the International Liaison Committee on Resuscitation (ILCOR). ILCOR is an international standards group representing most of the world's major resuscitation organizations.

Focused on training the lay rescuer, the Emergency First Response approach to training builds confidence in lay rescuers and increases their willingness to respond when faced with a medical emergency by teaching them the skills they need in a non-stressful learning environment. Participants are also given as much practice as necessary to master and retain these skills

Emergency First Response Primary Care (CPR)

Emergency First Response Primary Care (CPR) teaches participants how to respond to life-threatening emergencies. The course focuses on primary care through a combination of knowledge development, skill development and realistic scenario practice to make sure participants have the

confidence in their ability to provide care when emergency situations arise. Primary Care (CPR) skills taught in this course:

- Scene Safety Assessment Universal Precautions - Communicable Disease Protection, including barrier use Primary Assessment Rescue Breathing Cardiopulmonary Resuscitation (CPR) Conscious and Unconscious Obstructed Airway Management Serious Bleeding Management Shock Management Spinal Injury Management
- Recommended Skills
 - Automated External Defibrillator (AED) training
 - Emergency Oxygen Use Orientation.

Emergency First Response Secondary Care (First Aid)

Emergency First Response Secondary Care (first aid) covers injuries or illnesses that are not immediately life threatening. Participants focus on secondary assessment and first aid through knowledge development, skill development and realistic scenario practice.

Secondary Skills taught in this course:

- Injury Assessment
- Illness Assessment
- Bandaging
- Splinting for Dislocations and Fractures

Emergency First Response Care for Children

The Emergency First Response Care for Children course is an innovative CPR, AED and First Aid training course that teaches participants how to provide emergency care for injured or ill children (ages one to eight) and infants less than one year old. Participants learn about the types of medical emergencies that children face, and how they differ from adult conditions. The curriculum also includes the importance of attending to basic emergency situations with children, the emotional aspects of caring for children, secondary care for children, and preventing common injuries and illnesses in children.

Emergency First Response Care for Children course trains the lay rescuer to follow the same priorities of care used by medical professionals. The student masters the priorities and the procedures of patient care for infants and children in a non-stressful learning environment, which reduces the performance anxieties that interfere with learning and enhances confidence when rendering aid in a real medical emergency.

The course includes both primary care (CPR) and secondary care (first aid) skills. The primary care portion of the course prepares the rescuer to render aid to an infant or child with a life-threatening emergency such as choking or cardiac arrest. Secondary care focuses on developing secondary patient care skills and building the rescuer's confidence to render first aid to an infant or child in need when emergency medical services are either delayed or unavailable. The Care for Children course content is based on guidelines from the Pediatric Working Group of ILCOR.

Care for Children Primary Care Course Content:

Scene Safety Assessment Universal Precautions-Communicable Disease Protection & Barrier Use Primary Assessment Obstructed Airway Management (child and infant) Rescue Breathing (child and infant) Cardiopulmonary Resuscitation (child and infant) Automated External Defibrillator (AED) use Serious Bleeding Shock Management Spinal Injury Management.

Care for Children Secondary Care Course Content:

- Injury Assessment
- Bandaging
- Illness Assessment.

Emergency First Response CPR & AED

This course takes approximately 2 hours and covers the skills that apply specifically to CPR and AED use required for the workplace. They are skills that can help others in need no matter where you go. Course Content:

Take Action

Assess the Scene and Patient

Lay Rescuer CPR

AED Use

Emergency First Response Instructor:

During the Emergency First Response Instructor course, you will build on your skill as an Emergency Responder and focus on developing your instructional abilities to teach these skills to others. The Instructor course provides you with the additional training necessary to teach the Emergency First Response Primary Care (CPR), Secondary Care (First Aid) and Care for Children courses. (Region-specific courses including First Aid at Work Asia Pacific and First Aid at Work Great Britain require additional training.) Through a multi-media approach of independent study, classroom sessions and practical teaching assignments, you learn to conduct Emergency First Response courses.

The instructor course covers specific goals and performance requirements for the Primary Care, Secondary Care and Care for Children courses, along with instruction on how to structure learning, the requirements of performance-based training, and your role as the instructor in the learning envi-

ronment. You also learn how to motivate students, evaluate student knowledge, present course content effectively, become proficient in developing students' hands-on skills practice sessions, and are taught how to present an effective scenario-based learning experience.

Prerequisites:

To enter the Emergency First Response Instructor course, you must be 18 years old and have completed adult, child and infant CPR and first aid training in the past 24 months or a be a practicing medical professional such as a physician, Emergency Medical Technician, Paramedic and Registered Nurse.

Emergency First Response Instructor Crossover

Individuals who are current CPR/First Aid instructors with another qualifying organization may choose to earn the Emergency First Response Instructor rating by completing the Emergency First Response Instructor Crossover course. This course gives credit for past teaching experience and focuses on familiarizing candidates with the Emergency First Response course philosophy and structure.

Prerequisites:

The Emergency First Response Crossover course is open to all CPR/First Aid Instructors who hold current adult, child and infant CPR/First Aid teaching credentials from another CPR/First Aid training organization.

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